

## GROUP THERAPY

### Sexual Addictions Group Therapy - Men's Group

The Recovery Starter Kit which is a Task Centered Approach in the treatment of sexual addictions is utilized. Addiction Groups are scheduled for:

Mondays  
7:00pm to 9:00pm  
\$50 per session

### Partners of Sex Addicts – Women's Group

Partners of sexual addicts are burned with feelings of betrayal, isolations, anger and mistrust due to the disclosure. Partners learn that they are not alone and that they do not need to suffer silently. Learning about sex addiction, its impact on the relationship and family, and how to deal with the guilt, shame and embarrassment that their partner's addiction has caused, are examined.

Thursdays  
7:00pm to 9:00pm  
\$50 per session

### Sexual Offenders Group

The Task Centered Approach is utilized in the treatment of offenders. Through treatment, offenders must learn responsible ways of behaving, come to understand the damaging effects of their behaviour on the victim, as well as develop empathy for the victim. Sex Offenders can be treated and they can learn how to reduce the risk of reoffending by utilizing the tools provided in this program.

---

---

---

---

---

---

---

---

---

---

**FOR FURTHER  
INFORMATION, PLEASE  
CONTACT**

**Connie McCaig**  
M.S.W. (Clinical)  
CSAT IV (Cd)  
Certified Sexual  
Addictions Therapist

**(780) 983 - 8311**

# RENAISSANCE TRAUMA & ADDICTION CENTRE

**SPECIALIZING IN  
SEXUAL ADDICTION**

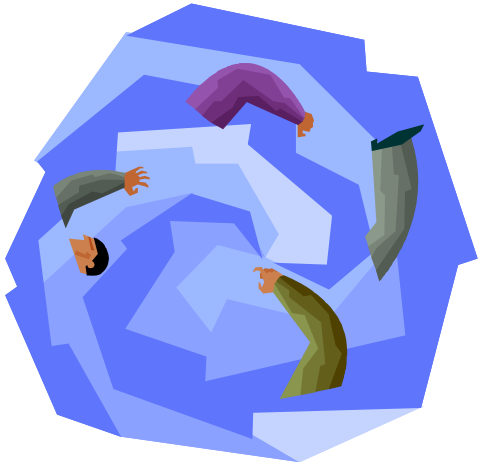


Serving

**EDMONTON  
& SPRUCE GROVE**

**(780) 983 - 8311**

## WHAT IS SEXUAL ADDICTION?



Sexual Addiction is a persistent and escalating pattern of thoughts, feelings, urges and or patterns of sexual behaviours (acted out of not) despite efforts to stop the behaviour and or despite negative consequences to self or others. Sex addiction may be identified as any compulsive or impulsive sexual activity that falls into on of three categories 1) shameful 2) secretive 3) abusive. Sexual addiction is a compulsive behaviour that completely consumes, dominates and guides the addicted person's life to the point where an individual may feel "a loss of control" over his or her behaviour, a "compulsion to act out", or a craving" for the desired behaviour.

Some out of control, obsessive or ritualize behaviour which may reflect sexual addictions may include in isolation or together: exhibitionism and voyeurism, masturbation, simultaneous or multiple, repeated, or sequential affairs, pornography, cyber sex, phone sex, multiple anonymous partners; unsafe sexual activity; partner sexualization, or objectification, strip clubs and adult bookstores; prostitution/escort use/sexual massage; sexual aversion; and or drug/alcohol problems related to sex.

## HELP FOR REAL PROBLEMS

The Renaissance Trauma & Addictions Centre provides outpatient specialized care in the treatment of sexual addictions, compulsivity and co-addictions.

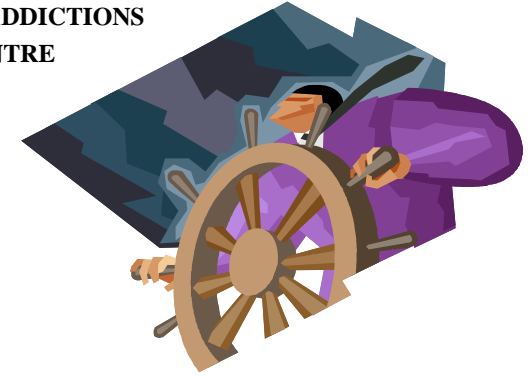
- Sexual Addiction
- Pornography/Affairs
- Paying For Sex
- Online Sexual Activity
- High Risk Anonymous Sexual Activity
- Co-Addictions
- Intimacy Disorders
- Addictive/Abusive Relationships
- Sexual Trauma

We are here to help people to cope and understand the nature of this addictive disease as well as to assist partners and families in need of help after the crisis of discover and disclosure and then to understand the process of sexual addictions and co-addictions.



Family involvement is encouraged while accountability is the cornerstone of restoring trust and healthy sexual balance.

## THE RENAISSANCE TRAUMA & ADDICTIONS CENTRE



The Renaissance Trauma & Addictions Centre offers real help in a professional and confidential setting using the Dr. Patrick Carnes Task Centered Approach, along with other treatment modalities.

- Outpatient Groups
- Individual Therapy
- Marital Therapy
- Family Therapy

The Renaissance Trauma & Addictions Centre offers outpatient treatment for sexual addictions, sexual trauma and co-addictions as well as a continuum of care including:

- Assessment
- Referral
- Treatment Group
- Education Group
- Couples Therapy
- Family Therapy
- Continuing Care
- Alumni Groups

Services provided at the Renaissance Trauma & Addictions Centre are personalized to each individual. Clients can expect respectful care for themselves, their partners and their families.